SEC Form 4

Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287
Estimated average	burden
hours per response	: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Address of Reporting	g Person [*]	2. Issuer Name and Ticker or Trading Symbol Lifevantage Corp [LFVN]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Mauro Garry Paul</u>				X	Director	10% Owner				
(Last) 3300 TRIU	(First) (Middlo)		3. Date of Earliest Transaction (Month/Day/Year) 03/10/2023		Officer (give title below)	Other (specify below)				
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indi	6. Individual or Joint/Group Filing (Check Applicable					
(Street)				Line)						
LEHI	•			X	Form filed by One Reporting Person					
					Form filed by More than One Reporting Person					
(City)	(State)	(Zip)								
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

			<i>,</i>		•			-		
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)	Acquire (D) (Inst	d (A) or r. 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(instr. 4)
Common Stock ⁽¹⁾	03/10/2023		G	v	195 ⁽¹⁾	A	\$ <mark>0</mark>	59,964	D	
Common Stock								25,000	I	By The Francesco A. Mauro Trust of 2021 ⁽²⁾
Common Stock								25,000	I	By The Andrew H. Mauro Trust of 2021 ⁽³⁾
Common Stock								25,000	I	By The Dominic C. Mauro Trust of 2021 ⁽⁴⁾
Common Stock								25,000	I	By The David W.B. Mauro Trust of 2021 ⁽⁵⁾
Common Stock								25,000	I	By The Alexandra P. Mauro Trust of 2021 ⁽⁶⁾

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv Secu Acqu (A) o Dispo of (D (Insti	5. Number of Expiration Date Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		ate			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. On March 10, 2023, the Reporting Person received 195 shares as a gift from one of his adult children.

2. These shares are held by The Francesco A. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

3. These shares are held by The Andrew H. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

4. These shares are held by The Dominic C. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these

shares except to the extent of his pecuniary interest therein, if any.

5. hese shares are held by The David W.B. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

6. These shares are held by The Alexandra P. Mauro Trust of 2021, of which the Reporting Person is trustee and his adult child is beneficiary. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein, if any.

Remarks:

Alissa Neufeld, Power of Attorney for Garry P. Mauro

** Signature of Reporting Person

03/14/2023

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.