FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OND AFF	KUVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Lu C. Mike				2. Issuer Name and Ticker or Trading Symbol Lifevantage Corp [LFVN]									ationship of all applica Director	able)	g Perso	on(s) to Issi		
(Last) (First) (Middle) 11545 W. BERNARDO CT., SUITE 301					3. Date of Earliest Transaction (Month/Day/Year) 01/25/2010									Officer (below)	(give title		Other (s below)	specify
(Street) SAN DII		A tate)	92127 (Zip)	[-	4. If Amo	endment, I	Date o	of Original Fi	led (I	Month/Da	y/Year)		6. Indiv Line) X	Form fil	ed by One	Repo	(Check Apporting Person	1
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
Date			2. Transac Date (Month/Da	Execution Date,		Code (Instr.		or 5. Amoun Securities Beneficia Owned For Reported		s Formully (D) (ollowing (I) (I		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
							Code	v	Amount	(A) or (D)		ce	Transaction(s) (Instr. 3 and 4)				(111511.4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	saction e (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		;	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction	e s Illy	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)
				Code	e V	(A)	(D)	Date Exercisable		opiration	Title	Amou or Numb of Sha	er		(Instr. 4)	on(s)		
Stock Option (Right to Buy)	\$0.36	01/25/2010		A		120,000		(1)	01	./25/2020	Common Stock	120,0	000	\$0	120,00	00	D	

Explanation of Responses:

1. This option vests and becomes exercisable in a series of 12 equal monthly installments beginning on February 25, 2010.

/s/ Mike Lu

01/25/2010

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.